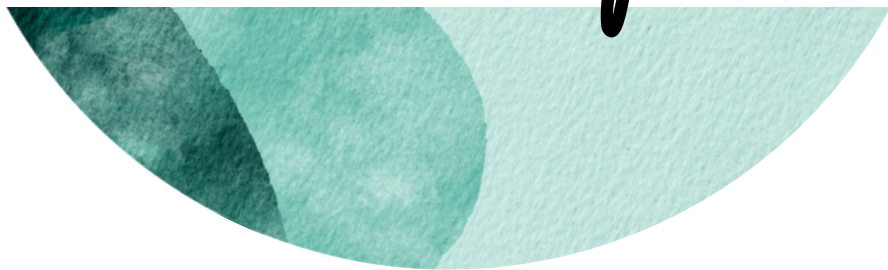


INSPIRE BALLET AND FINE ARTS

welcome pack



Welcome!



We're so glad you're here!

Our vision is to create an atmosphere where dancers can thrive as artists, grow in technique, and reach their full potential in a loving Christian environment.

LOCATION

890 Valastics Ave
Valparaiso, FL
32580

We are the green building
located in front of the
Coca-Cola Building.



AN introduction

Joining our Dance Family

Inspire Ballet and Fine Arts offers dance instruction for ages 3-adult with a mission to guide dancers to a love and appreciation for the performing arts and realize their unique capabilities as individual dancers through tailored instruction and performance opportunities.

Classes offered include: Creative Movement, Pre-Ballet, Pre-Tap and Tap, Contemporary, Hip Hop, Jazz Funk, Ballet, and Pointe for Advanced Levels. Levels are grouped by ages, and as dancers progress, we regularly assess level placement.

The studio is open to all dancers regardless of faith, ethnicity, race, or background. Please be advised music with Christian themes will be used during classes and performances. No music with inappropriate words or innuendo will be used. Choreography will always be respectful to the dancers' bodies. Costuming will always keep modesty in mind.

Owned and directed by Shelley Thiess and Brittany Swain, our goal at Inspire Ballet and Fine Arts is to honor God with the gift of dance. We hope that dance can bring you a small measure of the happiness and joy that it has brought to us. Our team of instructors and support staff look forward to working with you and/or your child!



HOW WE keep in Touch

Visit us at

InspireBalletArts
.com

and find the



and also click the link to the



Join us on the **BAND** app!



- Important Announcements
- Updates as they happen
- Watch Rehearsal Videos
- Group Chats by Level
- Severe Weather Closures



@inspireballetarts

Office Hours

Monday:	3:00-6:30 pm
Tuesday:	3:00-6:30 pm
Wednesday:	3:00-6:30 pm
Thursday:	3:00-6:30 pm
Saturday:	8:30-10:30 am

How We Can Communicate

At Inspire, we know your time is valuable and that communication is vital! Here are some ways to communicate with us. Make sure to join the BAND App, check emails, and follow us on Facebook to stay up to date.



Inspire_Ballet_Arts



850-517-1050



info@inspireballetarts.com



BAND App



InspireBalletArts



www.inspireballetarts.com

WHAT TO expect



First Day of Class

On your first day of class, plan to arrive ten minutes early to stop by the front desk for a tour of our facility. We will show your dancer where to put their bags and shoes, find the restrooms, and introduce you to your teachers before class begins.

For Our Younger Dancers

We know that as a parent you have a vision for how you think the first day will go. We will work with you and your child to achieve success in bringing happy dancers into the classroom. This is a gradual process for most little ones. Your teacher will meet dancers in the lobby before class, and walk them back to the studio. The teacher will also bring them back to the lobby at the end of class.

Make Up Classes

Should you miss a class for any reason, you are welcome to make up a class in the same level, or one level down. Please let us know ahead of time by emailing frontdesk@inspireballetarts.com with the class missed and the date of the make-up class you wish to attend. *Please note: there are no refunds for missed classes.*

Closings & Holidays

We follow the Okaloosa County public school calendar for most holidays and inclement weather closures. *There are occasional Monday school holidays Inspire will remain open.* Please check the Important Dates listed in the Parent Portal for a complete list of closures. In the event of last-minute weather changes, we will alert parents via the BAND app.

CLASS descriptions



Creative Movement (Ages 3-4)

Creative Movement develops coordination and self-expression through simple dance movement and music. This class uses a wide variety of music, props, and balancing techniques while enhancing your child's motor, listening, and social skills. *Dancers wear a pink leotard (skirt optional) with pink tights and pink ballet shoes and their hair in a bun.*

Pre-Ballet (Ages 4-5)

Young dancers will learn the basic ballet steps while learning how to follow direction and imitate movement with gross motor skill development games in a positive and fun environment. Class includes warm-up, basic ballet steps, center movement, simple choreography, and free dance time. *Dancers wear a light blue leotard (skirt optional) with pink tights and pink ballet shoes and their hair in a bun.*

Ballet (Levels 1-5 and Pre-Pro)

Ballet is the foundation of all dance styles. Ballet classes help build strong posture, coordination, agility, self-discipline, confidence as well as memory and concentration. Ballet gives dancers a solid foundation of technique that every type of dance style builds on. *Dancers wear the leotard color for their level with pink tights, pink ballet shoes, and their hair in a bun. Skirts are optional.*

Tap (Levels 1-45 and Advanced)

Tap dance is the creation of rhythmic sound patterns using shoes with metal tips. The class will focus on building loco-motor skills and developing balance, coordination, rhythm, musicality and syncopation. Elements of the class will include warm up, movement combinations across the floor and rhythm oriented choreographic combinations. *Dancers wear the leotard color for their level with pink/tan tights or leggings and tan tap tap shoes.*

CLASS descriptions



Jazz (Levels 1-5 and Pre-Pro)

Jazz class focuses on elements of weight, sharp and fluid movement qualities, rhythm and stylization. Elements of jazz class will include warm up with strengthening & stretching exercises and body isolations, movement across the floor progressing to jumps and turns, and finally choreography. *Dancers wear the leotard color for their level with pink or tan tights or black leggings, tan jazz shoes, and their hair in a bun.*

Contemporary (Levels 1-5 and Pre-Pro)

Contemporary dance enables freedom of expression and a whole body approach that includes balance, strength, flexibility, momentum and release including spatial and emotional awareness. The class is structured with warm up, movement on and across the floor progressing to jumps and turns and strength building combinations. *Dancers wear the leotard color for their level with pink or tan tights or black leggings and hair in a bun. Dancers are barefoot or wear tan half sole shoes.*

Hip Hop (Levels 1-4)

Hip Hop dance refers to old and new street dance styles that evolved into pop culture, primarily performed to Hip Hop music. It includes a combination of three main elements, popping, locking and break dancing. Hip Hop class will focus on balance, coordination, rhythm and musicality beginning with warm up and moving into choreography practice. *Dancers can wear leggings and a shirt with black sparkle pop sneakers (order through Inspire). Please no midriff showing.*

Jazz Funk (Levels 2-4 and Advanced)

An expressive and innovative form of dance that combines hip hop soul and groove with jazz technique. Students will learn fast paced combinations of movement while finding their own personal style. *Dancers can wear leggings and a shirt with black sparkle pop sneakers (order through Inspire). Please no midriff showing.*

Leotards

by level



Creative Movement
Light Pink



PreBallet
Light Blue

Level 1
Navy



Level 2
Lavender



Level 3
Teal



Level 4
Maroon



Level 5
Dark Purple



Pre-Pro
Black



Shoes

by dance style



Ballet

Leather or canvas pink ballet shoes. (Split sole recommended for Levels 3 and up). Black for boys.

Contemporary

Barefoot or tan half-sole shoes.



Hip Hop & Jazz Funk



Sparkle Pop Sneaker. Order through Inspire: \$30/kids \$35/adult. Comes in whole sizes only. Please try before you buy at the front desk. No exchanges.

Jazz

Tan slip on jazz shoes, split sole.



Tan buckel tap shoes. (Laced preferred for Levels 3 and up). Example: Bloch So381L Adult "Audeo" Lace Up. Black for boys.

Tap



WHAT ARE MY NEXT *steps?*



Ready to dive in? Here's what you can do next:

☐

Make sure you have the dress code items needed for your dance classes (correct colored leotard according to level and tights and/or leggings). You can purchase through the Inspire Parent Portal Online Store.

☐

Get fitted for dance shoes at Bou Cou Dancewear in FWB or Spotlight Dancewear in Niceville.

☐

Get hair supplies for class: brush, hair spray or gel, pony-tail holders, and bobby pins.

☐

Label your dancer's bags, attire, shoes, and accessories with their first and last name.

☐

To stay up to date - check the Inspire Parent Portal, join the BAND App, and follow us on Facebook.

☐

Have fun dancing!

FREQUENTLY *asked questions*



1. How long does my registration cover classes for?

Registration covers a ten month period from August to May of the next year. When you register for Fall, it is assumed, unless we receive notice otherwise in writing, that your dancer will continue those same classes in the consecutive Spring semester. If you register for the Spring semester, your registration is only for one semester. Summer camps and classes are open for registration March 1 each year.

2. Will my child move up a level each year?

Not necessarily. While age helps us in guiding our students to the right level, we also consider maturity and the student's grasp of vocabulary and execution in technical requirements. If a dancer remains in the same level, they'll continue to grow and blossom into amazing young artists as they refine their skills. Another year at the same level does not mean they won't learn anything new.

3. What additional fees will I pay besides monthly tuition?

There is an annual registration fee of \$25 when you register for classes for the school year (not during summer). Costume fees are due per semester for performing classes and vary according to the number of classes your dancer is enrolled in. Pre-Dance, Level 1 & 2 classes purchase costumes, while Level 3 & up dancers rent costumes. Families will also need to purchase tickets for the Fall and Spring Performances.

4. How can I watch my dancer in class?

Inspire has two closed circuit TV's located in the lobby and lounge areas where you can watch your dancer in class. We ask that parents do not enter the dance studio space to limit distractions and for the safety of our dancers. If you need to get your dancer early, please ask the front desk staff.

FREQUENTLY *asked questions*



5. My dancer cannot perform in the performance due to a conflict. What should we do?

If you know in advance that your dancer will not be able to perform in a semester performance it does not mean your dancer has to quit classes. Please tell us immediately if you know your dancer will not be performing by emailing Info@inspireballetarts.com. We will let their instructors know and we can set choreography in such a way where they can still learn the choreography allowing them to continue to grow as a dancer and participate in class.

6. Why does Inspire try on costumes and measure dancers months before the show?

We completely understand that your dancer may grow in the months between their measurements and the performances. We take that into consideration when ordering costumes. Due to supply and demand for costumes in the dance industry, we order early to avoid delays with shipping dates.

7. Why are Dress Rehearsals mandatory in order to perform?

The purpose of a dress rehearsal is to see the choreography in the performance space for the first and final time before performing. To maintain the professionalism of our performances, we must have every dancer present in order to ensure that all elements are working together for a beautiful final product. Dancing is very much a team sport and each dancer deserves to have their fellow dancers present to get a successful final practice before the show.



We can't wait
to dance with you!